I don’t understand the words

Please can you explain what these words mean?

There is too much information

Please can you break it down for me?

This is too difficult for me

Please can you explain it in a simple way?

I feel …….

Please can I have…..

Do I need help? Thinking task and strategies

Do I understand the task?

Yes
I understand and can begin the task

Yes I think so but I could check…….

I could write down the first few things I need to do.

I could tell a friend, the TA or teacher what I think I need to do.

I could ask the teacher to repeat the instructions or re-read the instructions if written down.

Start the task.
If I get stuck I can always check again!

No

Consider these options

Vocabulary
Are the words too difficult?

Highlight or write a list of the words you don't know.
Ask the Teacher or TA to explain the words.
Or, look them up in a dictionary or google.
Or, check with a friend

Amount
Is there too much information? Do I know what to do first? Next?

Get a white board and ask the Teacher or TA to write bullet points to break down the task

Complexity
Are the instructions too complicated?

Ask Teacher or TA to explain the task in a simple way.