

EOTAS Swindon
Education Other Than at School
Head Teacher: Juliette Baldwin
Head Office:
The Fernbrook College
Ferndale Road
Swindon, SN2 1HL

Tel: 01793 828941
Website: www.eotas.org.uk
Email: Admin@eotas.swindon.sch.uk

14th October 2024

Dear Parent / Carer,

This week's focus is on navigating the difficulties that many parents or carers often face.

The Straight Talk about Teens booklet is a valuable resource designed to assist parents of older teenagers in understanding and effectively parenting their children during this transformative stage of life. With a focus on providing realistic ideas and advice, the booklet covers a range of topics crucial to parenting adolescents.

From understanding adolescent development and behaviours to enhancing communication and implementing fair and effective discipline techniques, the booklet offers practical strategies for navigating the challenges of parenting teenagers. It also addresses important issues such as risky behaviours, including substance use and sexual activity, and provides guidance on promoting learning, working, and transitioning to higher education or employment.

We hope that you find this resource useful but as always, please reach out to the team for further support if required.

Best Wishes

Sally Nichols

Pastoral & Welfare Team.