

EOTAS Swindon
Education Other Than at School
Head Teacher: Juliette Baldwin
Head Office:
The Fernbrook College
Ferndale Road
Swindon, SN2 1HL

Tel: 01793 828941
Website: www.eotas.org.uk
Email: Admin@eotas.swindon.sch.uk

21st October 2024

Dear Parents / Carers,

This week's focus is on supporting your young person to feel emotionally well, especially moving into the half-term break when there is more opportunity for free time and relaxation.

Attached is a handy guide for your young person which supports celebrating the good things in their life and making opportunities to rest and relax.

You will find further resources on our website relating to emotional well-being for parents and also for our young people.

As always, please reach out if you would like further support from EOTAS.

We would like to take this opportunity of wishing you a peaceful and restful half-term.

Best Wishes
Sally Nichols
Pastoral & Welfare Team