

Physical Education @ eotas

Our Physical Education provision aims to provide opportunity to participate in a variety of sports, learning to work and communicate as part of a team and discover the capabilities of the human body

Big ideas



- Team work – Working with classmates to succeed in team sports, relying upon each other and discovering how you can help each other to achieve
- Communication – a key element in any sport is communicating with those around you whether it be teammates, coaches or peers
- Resilience -Sometimes in sports, times are hard, but we must discover that thing inside that makes us keep going on our journey to success

Content and Sequencing



- Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games
- Develop techniques and improvement of their performance
- Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- The Gamechangers Sport literacy programme is exclusively available to students who attend alternative school provisions
- Gamechangers is specifically targeted and designed for young people in Key stage 3
- Gamechangers aim is to improve students comprehension and motivate them to read, through partnering classroom based learning with practical PE
- Gamechangers provides opportunities for students to participate in sport to achieve in 3 key areas:
 - Respect
 - Teamwork
 - Challenge



Links with English and Maths

- Gamechangers Sport literacy programme
- Mental arithmetic used to keep scores etc.
- Applying Mathematical analysis to performance

Retrieval Practice



- Analysis of performance
- "Challenge" activities to stretch learning
- Team and individual rewards relating to practice
- Low stakes testing

Progress



Units of work are based on 5 key principles:

1. Breaking through barriers
2. Route to Success
3. Solving problems
4. Help us to help others
5. Tool for managing emotions

Support



- Everyone has access to the PE curriculum
- Lessons can be tailored to meet individual/group needs
- Some pupils have specific support and guidance taken from their EHCP and Pupil passport

